



Welcome to

Building Relationships, Strengthening Hearts



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One way to visualize relationships between programs in a community.

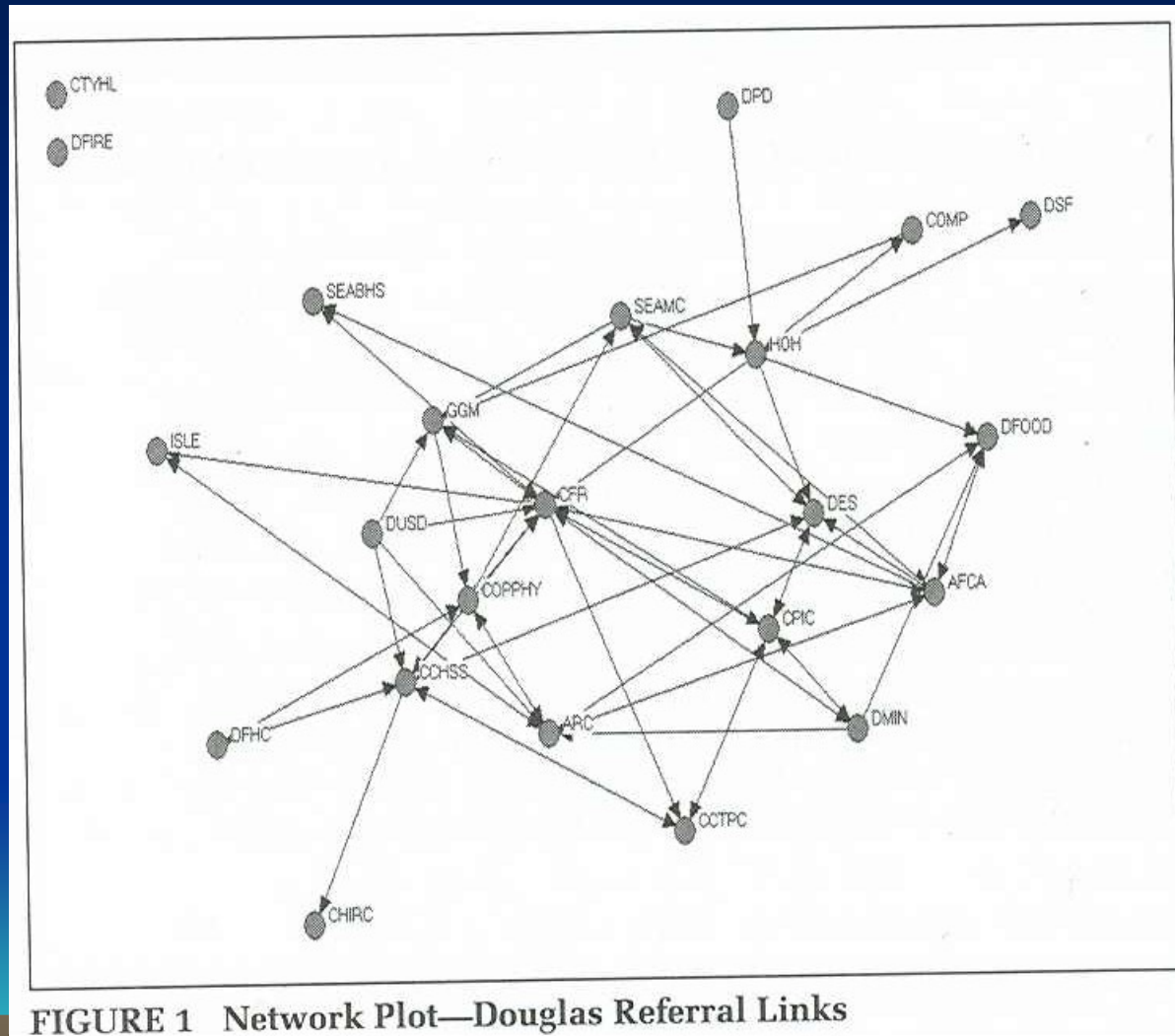


FIGURE 1 Network Plot—Douglas Referral Links

Another Way to Visualize Relationships

	Worksite Wellness	Diabetes Program	Cultural Preservation	College Health	Walking Trails
Worksite Wellness	x				
SDPI		x			
Cultural Preserv.			x		
College Health				x	
Walking Trail					x

Worksite wellness programs refer workers who score low on their Health Risk Appraisal to the diabetes prevention program.



Our Journey Together

Bringing Healthcare & Communities Together: Heart Watch.

Bad River Band of Lake Superior Chippewa, Wisconsin

Bringing Departments & Disciplines Together: Healthy Heart Program.

Wagner Indian Health Service, South Dakota

Bringing Healthcare & Communities Together: Honoring the Gift of Heart Health.

*National Heart, Lung, & Blood Institute
Hualapai Healthy Heart Program, Arizona
Sonoma County Indian Health Project, California.*



Painting the Picture of a Heart Healthy System
Large Group Exercise

