

Plenary B: Current Knowledge of Prevention of Diabetes and Obesity

Speaker: David G. Marrero, PhD

The session will present a summary of what we currently know about prevention of diabetes and obesity. Discussion of pertinent outcomes and measures to track success in diabetes and obesity programs will be presented. A summary of major prevention studies and translation of results of the DPP into a community style model will be discussed.

1. Describe what is known about prevention of diabetes and obesity.
2. Describe various data and outcome measures to track success in programs.
3. Discuss the process used to translate the results of the DPP into the YMCA community style model.
4. Describe the adaptation to the DPP intervention to enhance dissemination and sustainability.
5. Discuss the issues related to data, evaluation and cost of translation projects.